

Collective Marks

The Official Publication
of the San Diego Chapter
of the California
Dressage Society



January, February, March 2011

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New schooling shows are on the Calendar for 2011. Read about how you can use these shows to prepare for the bigger ones!

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CIRCUIT CHAMPIONS FOR 2010

TRAINING LEVEL

Amateur:

- 1 Shari Miller on JUSTICE
- 2 Mary Carr on WOODSTOCK
- 3 Sandy Dratler on WELTINO

Junior:

- 1 Emilee Panunzi on THIS END UP
- 2 Samantha Hoffman on WAY TOO FLASHY
- 3 Nicole Marshall on CARMARQUE

Open:

- 1 Donna Richardson on HERZSPRUNG
- 2 Kim Monk on WINTER'S PHANTOM
- 3 Kim Monk on FLAIR

FIRST LEVEL

Amateur:

- 1 Julianna Newell on NAVARRE
- 2 Suzette White on FOR TALISMANIC
- 3 Barbara Luck on DIVA'S LADY

Junior:

- 1 Jessica Pierce on HIGH FLYER
- 2 Kate Cassidy on AAVIGNON ANDANTE
- 3 Alicia DelaHaye on CESIUM

Open

- 1 Birthe Laufer on PIK'S PARAMOUR
- 2 Shari Heiar on GRAND DESSERT DANCER
- 3 Robin Garrett on HALO'S MARTINQUE

SECOND LEVEL**Amateur:**

- 1 Debbie Thomas on *WODAN*
- 2 Elizabeth Shafer on *VENTUROSO de PINTA*
- 3 Jasmine Kall on *PRANKSTER*

Junior:

- 1 Sydney Staggs on *BREGO*
- 2 Mallory Thompson on *FOR YOU*
- 3 Logan Tenney on *JOLIE'S FOLEY*

Open

- 1 Polly Limond on *INDIRA*
- 2 Birthe Laufer on *BELLISSIMO*
- 3 Elizabeth Johnson on *ARTISAN*

FOURTH LEVEL**Amateur:**

- 1 Joleen Schultz on *MONTEGO*
- 2 Susan Stevenson on *VOLARA*
- 3 Jan Dickieson on *DOW JONES*

Junior:

- 1 Shannon Fox on *GRAND ROUGE ESCOBAR*

Open

- 1 Birthe Laufer on *URBAIN*
- 2 Bettina Loy on *VALENTINO*
- 3 Kim Monk on *RAZZAMATAZZ*

THIRD LEVEL**Amateur:**

- 1 Susan Stevenson on *VOLARA*
- 2 Valerie Cheatham on *WELTRAUMER*
- 3 Debbie Thomas on *WODAN*

Junior:

- 1 Claire Manhard on *RACINE*

Open

- 1 Shari Heier on *MOON SHADOW*
- 2 Alison Harding on *GORRYT-B*
- 3 Birthe Laufer on *PURPLE RAIN*

FEI LEVEL**Amateur:**

- 1 Jane Hayes on *SOLVANG'S RIVALDO*
- 2 Linda Barone on *ROMEO*
- 3 Judy Wheatley on *REDONDO*

Junior:

- 1 Jaclyn Pepper on *LEONARDO*

Open

- 1 Kim Monk on *RAZZAMATAZZ*
- 2 Jill Beltran on *WALING D*
- 3 Lena Davis on *NAUTICA*

V O L U N T E E R S M A K E O U R O R G A N I Z A T I O N

In 2005, The Chapter created the Volunteer Credit Program. In order to be eligible for year-end awards, you must participate in the Volunteer Credit Program by donating your time, providing a surrogate to donate time for you, or by donating one of the other necessary items on the list. To see the list of volunteer opportunities for the 2011 Show Season check out www.sandiegodressage.com/2011Circuit.html or stay-up-to date by finding us on Facebook, California Dressage Society San Diego or join the email list by going to www.sandiegodressage.com/maillist/?p=subscribe

VOLUNTEER FOR SHOWS, CLINICS & EDUCATIONAL PROGRAMS

June, August & September Shows! Be behind the scenes for a 1/2 day as a runner, scribe, scorer, ring steward, announcer, staff volunteer or awards booth, or help purchase necessities for the show, like a case of water, 40 lbs of ice or 50 lbs of carrots (please bring items to show by 8:00 a.m. Saturday and Sunday). You can also volunteer for show set up - Friday 1:00 - 4:00 p.m., or show tear down - Sunday 4:00 -8:00 p.m. Don't worry, a crew is hired for the rings!

VOLUNTEERS MUST SIGN WAIVERS AT THE VOLUNTEER DESK & SIGN IN/OUT TO RECEIVE CREDIT FOR THEIR SERVICES

Full day volunteers are provided lunch, and of course, a party at the end of the year is thrown for volunteers who accumulate a total of 25 volunteer hours. Call Doris North at 714-606-3475 or email her at dorinorth2@aol.com.

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Notes from the Chair

Kate Shuster

I'm very happy to be back in the saddle again as Chapter Chair after leaving the board for a couple of years to recharge. It was hard to let go after working for so many years to build the chapter but I know I left it in capable hands. When I first took on the Chapter Chair position (8 years ago? 9?) we held just one show a year in Ramona. Since then our amazing team of volunteers built CDS-SD into a powerhouse chapter that, at its peak, held three well-attended shows PLUS **Dressage Affaire**. Now DA is a force unto itself, our bank account has grown, and we have settled into hosting three top-notch shows per year, as well as numerous educational events. Linda Barone served as Chapter Chair for two years after me and got the shows on such smooth footing that she kicked it up a notch by adding the **RAAC** to our repertoire. And Tiffany Silverman stepped up to the plate last year as Chapter Chair, overseeing our myriad events and initiating some inspiring charitable activities. So here I am again, stepping into a very well-oiled machine. Thanks for having me back!

We're looking forward to another year of world-class shows and educational opportunities. Stay tuned for information about our latest endeavor - our wonderful, long-serving Bev Tappan has taken on a new role as Grants and Scholarship Chair to develop funding for deserving individuals in our chapter to continue their dressage education.

I would like to bid a fond adieu to our hard-working show manager, Karla Palmer. Karla devoted herself for many years to making our shows the best ever- we couldn't have done it without her! Lisa Blaufuss is stepping in as our new show manager and we wish Karla all the best as she studies to become a technical Delegate. So we're not losing a show manger, we're gaining a TD!

The CDS Annual Meeting was held recently aboard the Queen Mary in Long Beach. It was so fun and the ship was incredible. I felt like I was on the Titanic (but in a good way). It was an informative and educational weekend with wonderful speakers and an elegant banquet. Awards were given out in three categories and CDS San Diego won two of them! We won for best newsletter (thanks to 2010 editor Shari

Millar). And Best educational event for our peak performance series (kudos to Karen Henken). In fact, our Peak Performance Series was so well-liked that it became the theme of this years Annual Meeting!

And did you make it to our chapter awards party on February 5th? Held at The Crossings in Carlsbad, it was a beautiful venue with fabulous food, drink and of course all the best people! Lena Davis and Beverly Sinclair really outdid themselves to create a fantastic party. Beverly put together an awesome slide show to accompany the awards presentation and then we all danced to the live band Phat Daddy.

So you see, CDS San Diego is a very dynamic chapter, made so by the amazing array of talented volunteers dedicated to its success. I am proud to be a part of it!

— *Kate Shuster*



San Diego is growing to be the largest Dressage community in the U.S. Not only is San Diego home to a number of Olympians, but our professionals in San Diego are among experts in their fields. Let's take the opportunity to ask our experts questions that will help raise our standard as a community. Look for similar articles in upcoming CDS-SD Newsletters.



Ask the LOCAL expert

Guenter Seidel

Q: What attracted you most to the sport of Dressage?

A: Circumstances. The way I started and the way I ended up, I felt like it suited me more. My temperament and character. I think you have to be more methodical and patient. Dressage just suited me more than other disciplines. I did jumping and 3 day, but there wasn't one particular thing that attracted me, it just felt right for me to do.

Q: What would you consider the highlight of your career?

A: From a competitive standpoint, the highlight of my career would be achieving all the big games, meeting my goals, getting to three Olympics and three World Equestrian Games.

Q: What is one thing that an organization like C.D.S. can do to help advance the sport of Dressage?

A: Keep concentrating on the youth, on the young people, supporting and educating young people in the community. That is the main thing CDS can do because the upper levels, other organizations come in like USEF or USET. I think the best thing for CDS will be providing a lot of opportunity for the young people in our sport, making this sport visible and popular.

Q: Can you share with us what you do to mentally prepare for competition?

A: I don't mentally prepare myself for the competition, I prepare my routine, my horse and myself. I make sure I know everything that I need to do here and make sure everything is as good as possible. The only thing I think of is to accomplish the same thing at the competition, not expecting something different, not trying to do something better than what I could do at home. That's pretty much

what I go into, being realistic about that. The main thing that makes you nervous for competition, trying to achieve something that you can't really do at home. If you have a highlight at a show, you should take that as a bonus point, but in general, you go into a competition and if you have a good day, you do what you can do at home. That should be good enough to win.

Q: What do you think separates Olympic level riders from the average competitive rider?

A: I think there are so many factors. Determination, some talent. Some have a little more talent than the other person. They need training and the patience to stick with it for years and years and years. Also a good bit of luck, I think, having the right horse at the right time, staying healthy, having the support and everything. That's a big part of it. Because not every Olympic Rider is one of the greatest riders, often it's just lucky having the right horse that's healthy and is going well at the moment. There are so many things that come together. Having the financial support of friends and sponsors and everything has to fall into place. So just because you've been to the Olympics, doesn't mean you're the greatest rider necessarily. Many good riders who haven't been to the Olympics or made the Olympics are still very, very good riders.

Q: What skill or technique would you share with amateur riders who want to better themselves in the saddle?

A: The main thing for me is to work on your position. The position is the foundation for the riding. I think that to me is the key to advancement. Everyone else can tell you how to do a half pass;

that is something that a person can tell you then & there. They can say more bend, more this..this..or... this, but the position for me is something you need to work on all the time; it's accomplished daily. It doesn't matter what level you are, you have to keep practicing. Look in the mirror, have yourself video-taped, or have someone there to tell you what it looks like. How can I sit better, and sit more independently? That to me is some of the best advice I can give.

Q: What would you say is the biggest hurdle for you coming back after your injury as a competitor and as a professional?

A: Honestly, you get totally upset after that. I didn't get to ride for six months after the accident. First of all, you have to get back to a certain fitness level by working out and getting your muscles used to everything again. There is a certain pain you have to work through and a certain kind of pain you have to back off from. The pain that you have to work through will take awhile to get better. That was a little bit of a hurdle. I was very fortunate to have Sarah, the girl that works for me. She kept my horses going, getting them in a very excellent position. It is important to me to be supported and comfortable. So I stay fit and I go to physical therapy often.

I am starting my first competition next month because that is something I have to get back into again. I think that you only stay sharp by being in competition. There's nothing else that compares to preparing for that. Hopefully after a couple of shows, I will be back in the swing of things.

HIGHLIGHTS

Save Our Show Dates!

Our 2011 shows will be *June* 18-19, *August* 13-14 and *September* 24-25. The August Show will be combined with *RAAC*, just as it was this past year.

New Trainer at Dove Hollow

Jaime Amian is the newest resident trainer at Dove Hollow Dressage Center. Jaime, a native of Seville, Spain, came to San Diego after a good friend, Steve Borders, encouraged him to relocate his training, along with their two mutually-owned horses. Jaime brings more than a decade of international equine education and experience. To read more about Jaime, check out www.dovehollowdressage.com



CDS dues have increased for 2011 Visit California Dressage Society website at www.california-dressage.org to renew or print forms for membership.

***FUTURE CLINIC: Axel Steiner Clinic @ Seabreeze Farms Equestrian Center**

April 16-17, For more details on the clinic contact Karen Henken at Karen@Henken.com

Donna Richardson is forming QUADRILLE TEAMS for 2011

Two teams have been formed, Training level & Second level. Work on synchronizing movements with other members of a team. This becomes more difficult than the actual levels, so don't rule

ERNEST WOODWARD FARRIER
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out participation on these grounds. The movements are sometimes borrowed from the higher levels.



The Quadrille is a great time between riders and horses. Have fun and be challenged! Interested riders should contact Donna Richardson at donna@foxrunfarm.com. The Cost is \$15/person per mounted practice.

First FEI Dressage Judge General was created.

During January's 5* judges seminar in Warendorf (GER), International O Dressage Judge Ghislain Fouarge (NED) was elected as the FEI's first Dressage Judge General. This lead judging post was created to ensure greater consistency and accuracy of judging at all levels of Dressage competition.

Be a SPONSOR! If you are interested in becoming a sponsor for the 2011 Season, please contact Ernest Woodward at ewshoe@me.com

Future Show & Clinic Dates

March 5 CHR Schooling Show (Romona)
Contact Colleen Burman at 760-789-4875

March 11-13 ** CDI CPEDI 3* Dressage Affaire
(Del Mar) Contact Kim Keenan Stordahl at 858-518-4128

April 3 DVE Schooling Show (San Marcos) contact
Marissa Castano at 760-519-5817

April 28-1 CDI3 Del Mar National Dressage
(Del Mar) Contact Regina Antonioli at 805-306-1885

April 16-17 Axel Steiner Clinic (Seabreeze Farms
Equestrian Center) contact Karen Henken at
760-271-5413

May 7-8 TEV CDS Spring Show (Temecula)
contact Regina Antonioli at 805-306-1885

May 27-29 Dressage at Flintridge (Flintridge)
contact Glenda McElroy at 818-841-3554

May 29 DVE Schooling Show (San Marcos)
contact Marissa Castano at 760-519-5817

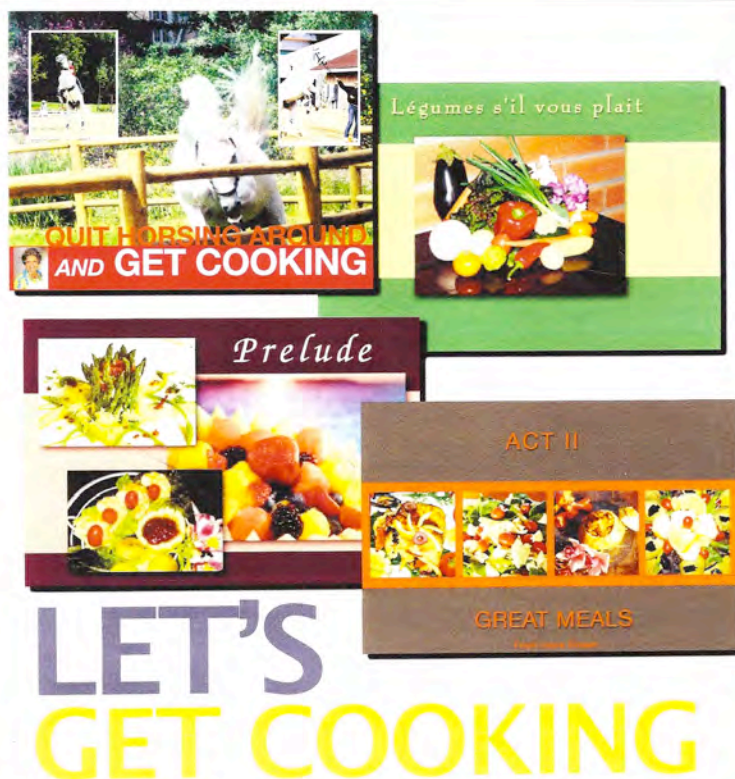
June 18-19 SD Dressage at Del Mar (Del Mar)
contact Lisa Bluass at 619-665-6463

July 9-10 L.A. Chapter Summer Dressage
(Burbank) contact Glenda McElroy at 818-841-3554

**For the complete CDS Calendar for the 2011 Show
Season check out the CDS website: www.california-dressage.org

FACEBOOK Take advantage of the social network
Facebook to see CDS-SD latest videos, pictures,
highlights and of course general Dressage information.
“LIKE” our page: California Dressage Society- San
Diego & get the first heads up on clinics, show results
and Dressage highlights within our community.

**San Luis Rey Equine Hospital
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Prelude is devoted to that which you will enjoy before your dinner. In other words hors d'oeuvres and salads.

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Quit Horsing Around and Get Cooking encompasses most categories of dining, from hors d'oeuvres to desserts. It uses a bit of "horse" language in that each section refers to it's equal in horse talk, i.e. Desserts are the Honor Round.

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Clinic PICS AROUND Dove Hollow Dressage Center



CLINIC

Hosted By: Fox Run Farms
&
Dove Hollow Dressage Center

Juan Manuel Muñoz Diaz

Everyone who attended the Juan Diaz Clinic was just as mesmerized with Juan as a teacher as they were watching his freestyle at the World Equestrian Games with his Andalusian, Feugo. The pair took 5th overall with a score of 81.450%. Both Fox Run Farm and Dove Hollow Dressage Center proudly hosted the clinic series on Jan 7, 8 & 9. The first clinic of 2011!

The clinic was a huge success. Señor Diaz was creative, simplistic and very clear with his approach to getting a horse forward from the hind end. Juan took the time to interact personally with the riders and auditors. He demonstrated his theories in the saddle, showing the riders how

elastic their horses can really be. Each participant ended with more energy than they started. Rider Isabelle Korfhage experienced the "feeling of Xirope (Isabelle's 8 years old Lusitano Stallion) sitting under himself and carrying his front end." Thrilled with her horses performance at the clinic, she herself had "light bulb moments" while under the instruction of Juan, giving Isabelle a milestone in her Dressage training. Both facilities look forward to future clinics with Juan.

A big thank you to Donna Richardson for getting

Juan Diaz here to San Diego and making it possible for riders to have the opportunity to learn from Señor Diaz.

Thanks to Fox Run Farm and Dove Hollow Dressage Center for hosting the clinic with a special thank you to Jaime Amian for making auditors comfortable throughout the clinic. Thank you to all the participants: Kate Shuster, Jaime Amian, Isabelle Korfhage, Sabine Shut Kerry, Kim Monk, Sylvia Wong and Jan Cline for participating and sharing in your experience with Juan.



PICTURES



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Rancho Los Amigos proudly introduces Birthe Laufer, Bereiter FN and NSCA-CPT, our new dressage trainer and certified personal trainer!

In addition to our **newly renovated facility, high-tech Soiltex footing** and **state-of-the-art rain tarp**, we can now offer boarders a trainer prepared to address the needs of both horse and rider.

Riding a horse at the highest levels of performance requires maximum support from the rider—and that requires a high level of fitness. Her equestrian-specific exercise classes, taught in our Rec Room, focus on strength, speed and endurance, as well as flexibility and coordination to help riders achieve their goals. By conditioning their own bodies, riders can expect to gain overall fitness and improve their seats and overall performance. She is also available for individual sessions.

Birthe has many years of experience riding, training, teaching and competing at all levels from the young, never-ridden horse through FEI, and she's currently accepting new clients.

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H E L M E T S!**

Safety helmets will be required for all dressage riders in National-Level competitions starting March 1st. The new rules were set by the U.S. Equestrian Federation on Jan 24th in Lexington, Kentucky. The rule states that anyone showing Fourth Level and under will be required to wear approved safety helmets, not top hats, in USEF classes. All riders under 18 will have to wear helmets.

The trend of wearing helmets among the FEI competitors started after Olympic Courtney King-

Dye was seriously injured from a riding accident in early 2010 and is still in rehabilitation. The concern about safety is on the rise and head gear is now a rule. All riders in the FEI

Dressage Test for 4, 5, and 6 year-old horses must also wear approved helmets. For any of us that have fallen off, we are sure glad to have had that helmet on!

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Featured Board Member

Beverly Tappan served as treasurer for the past 4 years and will now serve on a new board position as chairperson of SCHOLARSHIPS & GRANTS.



Bev is primarily interested in promoting therapeutic riding in our Dressage Community and loves helping promising young riders. Bev began riding at age 46, after moving to Del Mar from Alabama. Inspired by the 1984 LA Olympics, she competed in Eventing for several years. She began dressage in 2001. At age 70 she is still actively riding and hopes to find a new mount in the coming season.

She sold her 17 hd. Hanoverian gelding, Dubois, to a wonderful new owner who will care for him in his retirement at Fairbanks Ranch Equestrian Center.

Bev is a retired high school teacher, now with a private practice in Educational Therapy, and teaching full time at Army and Navy Academy in Carlsbad. She is married to Taps, her wonderful horse-husband, a retired Navy pilot, who shares a passion for flying, sailing and horses. They have 3 sons and 7 grandchildren located in Northern California, Columbia, MO, and Madrid, Spain (US Embassy).

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Horses

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Everything Else

For Sale: Prestige TOP Dressage Saddle: 18" Med/Wide tree, black. Wool flocked (can be adjusted) very clean, well cared for, excellent used condition (some wear on lower part of flaps). Love this saddle, just doesn't fit my horse anymore. Email for pictures baymare1@hotmail.com or call (619) 889-9095 \$1200

For Sale: County PERFECTION Saddle: 2006 model, 17.5 inch seat, medium wide tree. Very good condition. Please call (760) 743-4638

For Sale: Saddle, Nicole grand Gilbert: 17.5 inch medium tree, \$1000. Please call Betty (760) 743-4338

For Sale: Prestige 2000 Dressage Saddle: Well cared for. medium tree (17cm/ 35cm). Very comfortable-makes you feel secure. The thick knee blocks helps keep your leg in the perfect position. Only selling because I bought a new horse and it does not fit him. This saddle has some fading and superficial marks from normal use, otherwise it's in great solid shape. V-billets, round cantle, deep seat. \$900 firm. Call (760) 550-8468. Pictures available by email.



Local Schooling Shows

Build Confidence!



CDS-San Diego is known for its large rated shows attended by some of the best professional riders in the country as well as very accomplished amateurs.

If you are new to the sport, or want to “get your feet wet” as an adult beginner or young rider, or if you have a horse that needs “mileage,” these shows can be very intimidating. There are some lovely venues in San Diego country that currently host schooling shows. Among them are Creek Hollow Ranch in Ramona (creekhollowranch.com), Discovery Valley Equestrian Center in San Marcos (discoveryvalleyequestrian.com) and Poway Valley Riders Association in Poway (pvra.com).

Discovery Valley is the newest addition to the mix and has started hosting dressage schooling shows to help the younger set gain experience in the show arena. The facility provides a quiet atmosphere, good footing and convenient location for many riders in North County. “Younger riders really benefit from practicing the art and sport of Dressage at D.V.E.,” says DVE resident Dressage trainer, Bridget Braden-Olson. “We are very excited to continue our schooling shows for the 2011 season!” says Marissa Castano, whose family has owned Discovery Valley Equestrian since 2002. Upcoming show dates are April 3rd & May 29th.

The Discovery Valley Equestrian Facility, a 20 acre boarding facility, is family owner and operated by Gabriel & Marissa Castano. They also operate North County Feed and Supply on-site at 2333 North Twin Oaks Valley Road, and are planning the addition of a covered arena.